

GRADE LEVEL: K-1

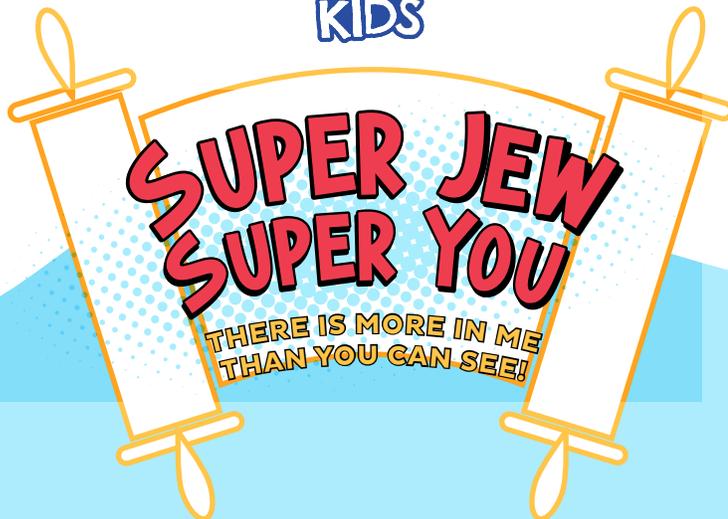
ב"ה

LESSON 3:

# EMUNAH

**Torah Content:** Emunat Hashem

**Theme:** Students will gain a basic understanding of what Emunah is.



# TEACHER PLANNING

 Essential Questions	 Enduring Understandings
<b><i>Who is in charge of the world? Who is running the world?</i></b>	Hashem not only created the world but actively continues to run it and take care of it.
<b><i>Where is Hashem?</i></b>	Hashem is everywhere, even though we can't see Him.
<b><i>What is Emunah?</i></b>	Emunah is believing and trusting in Hashem even though we don't see him.
<b><i>Does Hashem still take care of the world He created?</i></b>	Hashem cares for and takes care of us and every other creation in the world.

# TEACHER PLANNING

## LESSON OVERVIEW

We introduce the idea of Emunah, by joining Avraham on his journey to see how he came to recognize that Hashem is the one who not only created the world, but also continues to run it and care for it. Emunah is that we believe and have faith that Hashem is always watching over us. It is the continued belief that everything that Hashem created, and everything that happens in our lives, has a reason (only discussed very generally). Most importantly, we know Hashem is truly everywhere.

## STUDENT LEARNING OBJECTIVES:

- ▶ The students should grasp that even though we can't see Hashem, He is running the world and is with us at all times, everywhere. Trusting Hashem even though we can't see Him is called Emunah. The concept of Emunah is abstract, so we use a few activities demonstrating how things happen that we don't expect (science experiment), and that we rely and trust people to guide us even though we can't see what they are saying (blindfold game). This reiterates the concept of relying and trusting in Hashem even though we can't see Him.

## KEY TERMS

- ▶ Emunah
- ▶ (Previous) Hashem, Torah, Hora'a, Sheshet Yimei Bereishit, Baruch Hashem



## MASTER PREPARATION LIST

### Activity 1: Opener

#### General Class Setup:

#### Items Needed:

- Sound clips of the various noises
- Pictures of the same things to go along with the noises (provided)
- Clue cards (prepared in Torah)

### Activity 2: Story *A Little Boy Named Avraham*

#### General Class Setup:

#### Items Needed:

- Optional: Book - *A Little Boy Named Avraham*
- Brown blanket or butcher paper

### Activity 3: Emunah

#### General Class Setup:

#### Items Needed:

- Music and device (*Hashem is here*)
- Optional: handheld bells or streamers for kids to use while singing



## MASTER PREPARATION LIST

- Cup
- Slush powder
- Water
- Blindfold
- Items the children will have to pick up
- Optional: Book Hashem is Truly Everywhere Hachai publishing

### Activity 4: Story *Everything Happens for a Reason*

#### General Class Setup:

#### Items Needed:

- Optional: props to tell story

### Activity 5: Craft

#### General Class Setup:

#### Items Needed:

- Wooden Hearts
- Clear sticker
- Beads
- Markers

### Activity 6: Weekly Wrap Up

#### General Class Setup:

#### Items Needed:

- Weekly comic book page
- Crayons, markers etc. to color and draw
- Scratch off card
- Mitzvah Notes

# TEACHER PLANNING



## SCHEDULE

5 minutes	<b>Activity 1 Opener</b>
5-10 minutes	<b>Activity 2 - Story Telling: Avraham</b>
5 minutes	<b>Activity 3- Emunah</b> Music & Movement, Experiment, Optional: Story
15 minutes	<b>Activity 4- Story Telling: Everything Happens for a Reason</b>
10-15 minutes	<b>Activity 5- Craft</b> Wood Heart & Bead Necklace
10-15 minutes	<b>Activity 6- Weekly Wrap Up</b>

# ACTIVITY 1

## Activity 1

# Opener

 5 MINUTES



### Essential Questions

**Who is running the world?**



### Enduring Understandings

Hashem not only created the world but actively continues to run it and take care of it.

## HOW TO:

- 1 Play a clip of each of the following noises, one at a time, and have the students figure out what the sound is.
  - ▶ Ocean Waves
  - ▶ Rooster Crowing
  - ▶ Crickets (Night time)



### Activity Objective

Students will think about who is behind everything in this world, and we will look in the Torah to find the answer.



### Materials & Preparation

#### **You will need:**

- Sound clips of the various noises
- Pictures of the same things to go along with the noises
- Clue cards (prepared in Torah)

# ACTIVITY 1

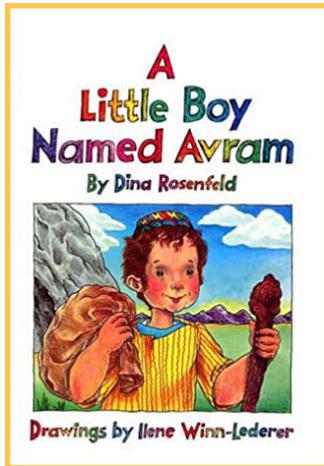
- 2 After they correctly identify each sound, show them a picture of it. After all the sounds are identified, ask the students who created these things? Yes, we know from last week it was Hashem. Do you think Hashem is still making the crickets tick, the roosters crow, the water to continue filling the ocean?
- 3 Thousands of years ago, there was a young boy named Avraham. When he was young, most people around him would say that the sun or the moon was the god that controlled the world. But Avraham knew that couldn't be. So, Who really is in charge of the world? Who should we thank for all the awesome things we have? Who should we pray to when we want someone who is sick to feel better? Let's look into the Torah to see the clues and maybe with Avraham's help we can figure it out.
- 4 Play the theme song here.
- 5 Take out the clues from the Class Torah.



## Activity 2

# Storytelling (A Little Boy Named Avraham)

20-30 MINUTES



Essential Questions	Enduring Understandings
<p><b>Who is in charge of the world?</b> <b>Who is running the world?</b></p>	<p>Hashem not only created the world but actively continues to run it and take care of it.</p>
<p><b>Where is Hashem?</b></p>	<p>Hashem is everywhere, even though we can't see Him.</p>

## Activity Objective

Students will think about who is behind everything in this world, and we will look in the Torah to find the answer.

## Materials & Preparation

### You will need:

- Plastic bin
- Dry ice
- Warm water
- Tongs
- Visual of the Jews camping in the desert
- Lego
- Menchie's
- Sand (optional)
- Clay (optional)
- Cardstock
- Camera for pictures
- cards one per student

### Setup:

- ▶ Floor or round-table; area that can get easily cleaned.
- ▶ Students will be working in groups of five.
- ▶ If you are creating only one diorama, setup should be where all students will be simultaneously engaged.

# ACTIVITY 2

## HOW TO

Optional: Bring in a brown blanket or butcher paper to create a tent by putting some chairs together and covering them with the blanket or paper. Have the class sit in the tent and tell them the story of Avraham. You can read the book 'A Little Boy Named Avraham' if you prefer.

Many, many years ago, no one knew Hashem existed. No one knew who Hashem was and they didn't have anyone or anything to believe in or pray to for help. So, they created statues made of stones and used them as idols. When times were hard or when they needed something, they would pray to them for help. Some people even made the sun, moon, and stars into gods. They believed their idols could protect them and help them. At that time there lived a little boy. His name was Avraham and he was only three years old.

These people are so silly, Avraham thought to himself. How could they really think that a bunch of rocks are able to protect them? Why do they pray to stones?

Avraham was so curious! Who is the real God? He thought and thought and thought until he finally came up with a plan.

If the sun goes away at night, and the moon replaces it, then the sun can't be God. A real and loving God would never leave his creations alone.

That night Avraham went to sleep, waiting to see if the sun went away. And of course, when night came the sun disappeared from the sky. Well, now I know the sun can't be God. Maybe the moon is the one true God.

But in the morning, the moon was gone and the sun was back. When the moon disappeared in the morning, Avraham realized the moon can't either be the God of the world. The one true God would never leave his creations alone! Avraham looked at all the big mountains, beautiful rivers, strong animals and realized Hashem is the one that created all these things and even though we can't see Hashem, the creator of the world is beyond this whole world and continues to watch it and take care of it. Avraham was so excited with his discovery that he told everyone around him about it!

Avraham grew up. He believed in the true Hashem, and wanted to teach everyone about Him. He opened a little inn in the desert for people to come sleep in when they were traveling through. He provided his guests food for when they were hungry. When the people were done eating, they asked Avraham how much it cost for the food. He told them to say a blessing and thank Hashem instead. The people would be surprised.

"All I have to do is say a blessing and thank Hashem and then I don't have to pay? Who is this Hashem? Why should I thank Him? You served us the food, let us pay you!"

"If you would like to pay me it will be very expensive. Almost 3 thousand dollars!" Avraham would respond.

"What?! Why so much money?"

"Well," Avraham would say, "I went to the market to buy the vegetables, but where did the market get it from? From the farmer.

## ACTIVITY 2



The farmer worked hard to plant and pick the vegetables, but he needed the rain to water the fields and the sun to shine to help the vegetables grow. Who made the rain fall? Who made the sun shine? It was Hashem! So really it is only because of Hashem that we can buy the food we have to eat. So we have to thank Hashem.” This was how he taught people about Hashem. The people realized it was true and thanked Hashem for their food. This is one way that Avraham taught the people around him about Hashem.

Optional: You can show clip of Avraham smashing the idols in his father’s store (link from Chabad.org)

Hold up clue card 1 (picture of Avraham) and ask the students to identify it.

# ACTIVITY 3

## Activity 3

# Emunah

 5 MINUTES



### Essential Questions

**What is Emunah?**



### Enduring Understandings

Emunah is believing and trusting in Hashem even though we don't see Him.

## HOW TO:

Play music, and sing Hashem is Here... do the motions to go along. You can use handheld bells, or streamers etc. to add excitement. Rabbi B has a Hebrew version of the song on Youtube if you want to incorporate Hebrew language.

*Last week we learned the story of Avraham, how he discovered Hashem, and that Hashem created and is in charge and is running the world. But I want to tell you something else that's very special about Hashem. I am going to tell you a Hebrew word 'Emunah.' Repeat after me, E-mu-nah (annunciate it clear and slow).*

*Can you say it loudly? How about in a whisper voice? Can you say it in a squeaky voice? I'm going to tell you a little secret - this will be one of our super powers! But what is Emunah?*

*Emunah is trusting and believing in Hashem even if we don't see Him.*

*I will show you what I mean.*



### Activity Objective

Students will think and question who is behind everything in this world, and we will look in the Torah to find the answer.



### Materials & Preparation

#### You will need:

- Music and device (Hashem is here)
- Optional: handheld bells or streamers for kids to use while singing
- Cup
- Slush powder
- Water
- Blindfold
- Items the children will have to pick up
- Optional: book "Hashem is Truly Everywhere" by Hachai publishing

# ACTIVITY 3



## Blindfold Game

The object of the game is to have a child or children blindfolded and follow directions given to lead them to pick up candies or some other treat. They trust the person giving the directions.

This can be done in two ways:

a) One child comes up and gets blindfolded and the teacher hides an object and gives the child directions to find it. (i.e take three steps to the right, go forward, turn left, reach up, bend down etc..)

b) Teacher pairs up the children in groups of two. One is blindfolded and the other one is designated to give directions. Teacher puts out objects or candies to find (designate a specific spot for each group) and proceed as above where the unblindfolded child gives directions to the blindfolded child how to find the object.

After this activity, discuss with the children how the blindfolded students trusted the one giving directions to lead them to the object they wanted to find. So too, Emunah is that we trust in Hashem and believe he is running the world even though we don't see him.

*Let's look at this, sometimes we think we know what's going to happen or what should happen, but it doesn't.*

Do the slush powder experiment:

- 1 Pour some slush powder in the cup.
- 2 Pour water into the cup.

3 Have a student volunteer to come up. Tell them you will turn over the cup on that volunteer's head. Ask the students: *What will happen if I turn over the cup? Children will answer that the water will pour out.*

4 Turn over the cup. *What happened? No water came out! Do you really think I would take a cup of water over and pour it on one of your heads? Of course I wouldn't!*

5 *That is what Emunah is. Sometimes, we think something is going to happen, and even though it may look like it's not good, Hashem only wants what is best for us! Just like a teacher would never pour a whole cup of water on students head, Hashem wouldn't do anything that wasn't good to any of us! Even though we don't see Hashem, He is EVERYWHERE in the world. He is with us, at all times, wherever we go. Hashem is there looking after us and taking care of us. At home, in school, at the park, wherever we go. So we don't have to be scared, because Hashem is always there for us.*

You may want to read the book "Hashem is Truly Everywhere" by Hachai publishing.

Hold up clue card 2 (all directions) and you can sing the song again or just repeat, Hashem is all over.

# ACTIVITY 4

## Activity 4

# Story: Everything Happens for a Reason

 5 MINUTES



Essential Questions

***Does Hashem still take care of the world He created a long time ago?***



Enduring Understandings

Hashem cares for and takes care of us and every other creation in the world.



Activity Objective

Hashem takes care of all creations, and everything happens for a reason, even if we don't see it or understand it.



Materials & Preparation

***You will need:***

- Optional: Props to tell story

## HOW TO:

Sometimes we look outside and see something happen. We think it just happened by itself for no reason. But sometimes if we look we can see that Hashem makes everything happen for a reason! Just like in this story.

One beautiful sunny day, a Rabbi was walking through the forest with his students. He pointed to a leaf that had just blown off of a tree floating down to rest on the sun-parched dirt road. The Rabbi told his students that this leaf falling off the tree at this exact time and landing in this specific place was planned by Hashem. He asked one of his students to lift the leaf off the ground and what did he find? There lying on the ground was a worm dying in the summer heat; the fallen leaf provided comfort and protection to the worm from the sun, so it can regain its strength and live.

Hold up clue card 3 (leaf and worm) Just like Hashem took care of the little hot worm, Hashem takes care of us. It seemed just random, that the leaf fell off the tree, that's what happens. But it was for a special reason, to protect the worm. Everything that happens is for a reason!

## Activity 5

# Craft; Heart Necklaces

 5 MINUTES

## HOW TO:

Students will decorate a heart necklace with beads and markers. Have them string the heart and beads, knot it to appropriate size. Students will put a clear sticker on one side that says ‘Hashem loves me.’ They can decorate the other side of the heart with markers. This will be a reminder to them that Hashem is always with them and watching over them!



### Materials & Preparation

#### You will need:

- Clear sticker printed with “Hashem Loves Me”
- Wooden heart and necklace kits (link provided)
- Beads
- Markers

## Activity 6

# Weekly Wrap Up

 5 MINUTES

## HOW TO:

- 1 Decorate Page in comic book**  
*If you chose the option for each child to create their own book.*
- 2 Scratch off super power card**  
*End off by scratching the superpower card and placing it on the cape or a board.*



### Materials & Preparation

#### You will need:

- Weekly comic book page
- Crayons, markers etc. to color and draw
- Scratch off card
- Mitzvah Notes

# POST LESSON



## POST LESSON SOCIAL MEDIA POST

**Do you know where Hashem is? We do. Everywhere! We learned what it means to find Hashem within nature and this beautiful world.**

**#ckids #hebrewschool #chabadhebrewschool**



## TZIVOS HASHEM MISSION

**Hashem takes care of us and does so much for us in this beautiful world. What is something that you have in your life that you know comes from Hashem?**

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